

“THE BIBLE: YOUR PRAYER BOOK FOR LENT”: MARCH 22, 2019 – FRIDAY

Today's Prayer: Psalm 30:7-12

Thanksgiving for Recovery

⁷ By your favour, O LORD, you had established me as a strong mountain; you hid your face; I was dismayed.

⁸ To you, O LORD, I cried, and to the LORD I made supplication:

⁹ ‘What profit is there in my death, if I go down to the Pit? Will the dust praise you? Will it tell of your faithfulness?’

¹⁰ Hear, O LORD, and be gracious to me! O LORD, be my helper!’

¹¹ You have turned my mourning into dancing; you have taken off my sackcloth and clothed me with joy,

¹² so that my soul may praise you and not be silent. O LORD my God, I will give thanks to you for ever.

Give thanks today for yourself or for another who has recovered or is recovering from illness, or has overcome a major hurdle. Amen