



CPR / AED / FIRST AID TRAINING

February 15

Once again we are offering CPR/AED/First Aid training on Saturday February 15

- 8:30 am - 12:30 pm **CPR/AED** only. Fee \$45/person.
- **FIRST AID** training will be the above plus afternoon session 1:00 - 5:00 pm. Fee \$70/person.



If you are taking whole day training please bring a lunch. Coffee, tea and water will be provided. Please dress in comfortable clothes. **Deadline to register is Monday February 10** as we need a minimum 10 persons to run the program. Call Susan Rodgers at ext. 29 to register or for info.

HEALING AND WELLNESS MINISTRY

It's looking as though I'll have to cancel the CPR/AED and First Aid training for a second time. Is this time of year the problem or is there not very much interest in having this kind of program? Please give us feedback for evaluating whether or not to try hosting this at another time of year.

Posters are up and registration for the **Chronic Disease** program is underway. This is a free and unique opportunity to learn some skills to maximize our later years with their possible ensuing arthritis, diabetes, depression, heart disease etc. Please contact Susan Rodgers ext. 29 to register.

Sunday February 16 in the Reception Room after the 10:00 service, there will be **blood pressure screening** for anyone who would like it.

YOUTH & YOUNG FAMILIES EVENTS

- Sunday February 23, 6:00 - 8:00 pm: Thornhill Area Tweens Rock-band Battle Royale at Holy Trinity Church
- Friday February 28, 6:00 - 7:30 pm Young Families Food and Fellowship

2013 STATEMENT & TAX RECEIPT

By now you must have received your 2013 contribution statement. Please review it and notify our Envelope Secretary 905 889 5931 ext. 22 for any discrepancies, *latest by February 10*. Your tax receipt will be mailed before the end of February.

CANON STEPHEN AWAY

February 19

Canon Stephen will be away in Barbados February 19-26, to perform the marriage of his niece. The Rev. Vernon LaFleur will celebrate Wednesday services and Canon Paul Robinson is the celebrant and preacher on Sunday 23 at both services.

MEN'S BREAKFAST

Saturday February 22

Topic: **"BRAIN HEALTH and some Common Disorders"**

8:15 a.m. breakfast

8:30 a.m. Guest speaker: Professor Paul Rannali Neurologist at University of Toronto. Sign-up sheet is available on the board just outside the auditorium. Please call Robert Ogilvie 905 881 7266 for any questions.



THANKS

We are grateful to Pat Johnson for her support and leadership over the past two years. Her ministry as Churchwarden ends. We are equally grateful to Ross Creber as a member of the Advisory Board and in the capacity of Chair in 2013, and to Jean Glionna who stepped into the breach for the year. We benefited immensely from Ross's extensive executive experience and Jean's many years of service to the parish. Jean will continue to serve on the Advisory Board by virtue of her appointment to Synod by the Archbishop. Ross will be free to do other things. We also say "thanks" to Linda Archibald and Rowena Zealey who served for the past three years on the Advisory Board, Linda Robertson (President ACW) for the past year, and Eric Symes who, for personal reasons, requested to terminate his membership of the Board. Their ministry and contribution went along way to the advancement of God's mission in our parish

LAY ASSISTANTS

In light of the broadening ministry of lay members when compared to that of lay readers and the more significant role they are playing in our liturgical life, with the approval of the Wardens and the Advisory Board, Canon Stephen will be seeking the bishop's permission for those persons to serve as "Lay Assistants". In addition, where required, they will be vested in a "cassock alb" as opposed to the traditional "cassock and surplice". (more details in the Spring edition of *Trinity News*)

KING'S CELEBRATION

What a celebration of the life of Dr. Martin Luther King's life on January 19 with Joy Lapps on her steelpan and Andrew Stewart (bass), Larnell Lewis (drums) and Daniel Cowans Jr. (keyboard). We were hearten by the comments after the service. Here's Joy's note to us. "Thanks again for the invitation. I was telling Lucy (Canon Stephen's wife) today that your entire congregation was very welcoming. From the moment



we set foot in the door each person that greeted us made sure we were taken care of. I just wanted to point this out because it's not always the case so you should be very proud."

OUTREACH

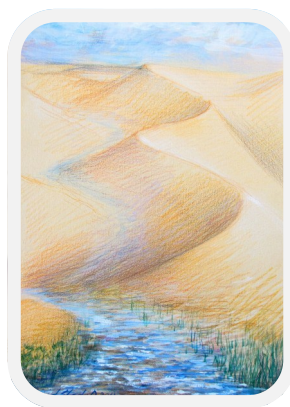
During 2013 there were 26 food and personal use items delivered to All Saints, Eva's Place and the Richmond Hill Food Bank. As well, there were eight deliveries of adult apparel to the All Saints Clothing Closet. Thank you for your financial support and contributions. Much appreciated.

OUT OF THE COLD Dinner & Shelter program is continuing at Thornhill United Church every Friday evening until March. We need the following items:

- Men's underwear, T-shirts & briefs, sizes L, XL
- Pants, jeans, corduroys, sweatpants sizes 34 and up
- Outdoor jackets for men & women
- Sweatshirts, hoodies, lightweight sweaters, fleece tops
- Shirts—long sleeves, warm (no dress shirts)
- Gloves, warm, waterproof, split palm gloves
- Women's comfortable street wear, underwear
- Small packages of unopened toiletries & personal hygiene items: toothbrush, travel size toothpaste, shaving cream, soap, disposable razors, etc.

WORLD DAY OF PRAYER

Friday March 7



"Streams for the Dessert"

is the 2014 theme, written by the women of Egypt.

Let's pray for the people of Egypt; Ecumenical service

1:30 pm

Thornhill Baptist Church

8018 Yonge St.

Guest speaker is Renee James, Director of Baptist women

magazine. Fellowship and refreshment to follow.

PALMS CROSSES TO ASHES

Your Palm Crosses make your ashes for Ash Wednesday. Please bring in last year's Palm Crosses and leave them in the box provided at the back of the church. Thank you!

SAVE DATES

March 5—Ash Wednesday

March 9—Lenten Series starts at Thornhill United

COMING IN LENT

March 12

Bishop Bill Hockin's new book "*Searching for a Deeper Well*" is out! We will be using this book for our Wednesdays in Lent series, beginning on Ash Wednesday, March 12, 2014. Copies of the book (\$15 each) will be available from the church office after February 10.

During Lent, Jane Winstanley would like to lead a 6-week daytime study on daily prayer using 'The Cup of our Life' by Joyce Rupp. Time to be arranged according to participants availability. Anyone interested please call or email Jane (facilitator) 905 881 5169 or winstan@sympatico.ca.

STUDIO ARTISTS OF THORNHILL ...

Is inviting you to join the group in expressing beauty & feelings through colours.

We paint in the HTC auditorium every **Monday** (September to May) from **12:30—3:30 pm**. Please contact Gail Thompson 905 889 4643 for more information.